

Joan Gussow

Professional Background

Professor Emeritus of Nutrition and Education

*Formerly Mary Swartz Rose Professor of Nutrition and Education and Chair,
Department of Nutrition Education*

Educational Background

B.A. (Pre-med) Pomona College, Claremont, CA
M.Ed., Ed.D., Teachers College, Columbia University

Scholarly Interests

Food policy generally; specifically, issues related to the environmental necessity of, and practical barriers to, the relocalization of the food supply.

Selected Publications

Books:

Birch, H.G. & Gussow, J. D. *Disadvantaged children: health, nutrition and school failure*, 1970.

The Feeding Web, 1978;

Eide, A, W. B. Eide, S. Goonatilake J. Gussow, Omawale (eds). *Food as a Human Right*. Tokyo: United Nations University, 1984

The Nutrition Debate, (with Paul Thomas) 1986

Chicken Little, Tomato Sauce and Agriculture: Who Will Produce Tomorrow's Food, 1991

This Organic Life: Confessions of a Suburban Homesteader, 2001

Growing, Older: A Chronicle of Death, Life and Vegetables, 2010

Articles:

Gussow, Joan. Counternutritional messages of TV ads aimed at children. *J.Nutr. Educ.* 4: 48-52, Spring, 1972.

Gussow, Joan. Improving the American diet: fortification or education. *J. Home Econ.* 65: 8: 6-10, November, 1973

Gussow, Joan. The organic alternative. *Nutr. Today*, March-April, 1974

Gussow, Joan. Consuming in the year 2000. Centerpiece. *Teachers College Record* 76: 665-673, May, 1975.

Gussow, Joan. Agriculture, food and nutrition. In: Nash, Hugh, Ed., *Progress as if Survival Mattered. A Handbook for a Conserver Society.* San Francisco: Friends of the Earth, 1978.

Gussow, Joan. The educational effects of nutrition. In: Hansen, Kenneth (ed.) *Beyond the School: What Else Educates.* A report of the chief state school officers 1977 summer institute. U.S. Office of Education, Council of Chief State School Officers, and Michigan Department of Education, 1978

Gussow, Joan Dye (Ed.) Learning and eating: the new nutrition education. *Teachers College Record* 81(4) summer, whole issue. 1980.

Gussow, Joan Dye. For the record: Food and nutrition education: a redefinition. In: Gussow, J.D. (ed) Learning and eating, *ibid.*

Gussow, Joan Dye. Who pays the piper? In : Gussow, J.D. (ed) Learning and eating, *ibid.*

Gussow, Joan Dye. The science and politics of nutrition education. *Journal of Nutrition Education* 12 (3): 140-144, July-September, 1980

Gussow, Joan Dye. Nutrition education in a world of limits. *Food and Nutrition Notes and Reviews (Australia)*, 37 (4): 141-145, 1980.

Gussow, Joan Dye. *Growth, truth and responsibility: Food is the bottom line.* Occasional paper of the Institute of Nutrition of the University of North Carolina. 6: 1-15, March, 1981.

Gussow, Joan Dye and Isobel Contento. Nutrition education in a changing world: A conceptualization and selective review. *World Review of Nutrition and Dietetics* (G. Bourne, Ed.) 4: 1-56, 1984.

Schatan, Jacobo, Joan Dye Gussow. Ecology, culture and the right to food. In: W. B. Eide, *et al. Ibid*, 1984.

Gussow, Joan Dye, W. B. Eide, Olivia Muchena. Women and food: equity and development. In: W. B. Eide, *et al.*, *Ibid*, 1984

Gussow, Joan Dye. Food security in the United States: A nutritionist's viewpoint. In L. Busch and W. B. Lacy. *Food Security in the United States: Adequacy, Availability, Accessibility*. Boulder, Colo: Westview Press, 1984. Pgs 207-230.

Gussow, Joan Dye and Katherine Clancy. Dietary guidelines for sustainability. *Journal of Nutrition Education* 18: 1: 1-5, February, 1986.

Gussow, Joan Dye. Women, food and the future. *Journal of the Canadian Dietetic Association* 47: 3: 138-141 (English) 142-146 (French), August, 1986.

Gussow, Joan Dye. Women, food and power. *Annals of Earth IV*: 3: 7-10, 1986

Gussow, Joan Dye. Women, food ,and the survival of the species. Innaugural lecture as Mary Swartz Rose Professor of Nutrition and Education. May 3, 1988. N.Y.: Teachers College Monograph, 1989.

Gussow, Joan Dye. Does cooking pay? *Journal of Nutrition Education* 20: 5: 221-226, October, 1988.

Herrin, Marcia and Joan Dye Gussow. Designing a sustainable regional diet. *Journal of Nutrition Education* 21: 6: 270-275, December, 1989

Gussow, Joan Dye. Why cook? *Journal of Gastronomy* 7 (1) 79-88, Winter/Spring, 1993

Gussow, Joan Dye & Sharon Akabas. Are we really fixing up the food supply? *Journal of the American Dietetic Association*, 93: 11: 1291-1297, November, 1993.

Gussow, Joan Dye. Ecology and environmental considerations: does environmental responsibility demand the elimination of livestock? *American Journal of Clinical Nutrition* 59 (Supplement): 1110S-6S, May, 1994.

Gussow, Joan Dye. Mediterranean diets: are they environmentally responsible? *American Journal of Clinical Nutrition* 61 (supplement) 1383S-1389S, 1995.

Gussow, Joan Dye. Is organic food more nutritious? And is that the right question? *Organic Farming Research Foundation Information Bulletin* 3: 1,10, Fall, 1996.

Gussow, Joan Dye. Can an Organic Twinkie be Certified? In Madden, P. (ed) *For All Generations: Making World Agriculture More Sustainable*, WSAA. 1997

Gussow, Joan. Can a Community Have a Food System? pp 3-15 in: Feenstra, G; D. Campbell, D. Chaney, eds. *Community Food Systems: Sustaining Farms and People in the Emerging Economy*. Davis, CA: UC DANR, SAREP, September, 1997.

Gussow, Joan Dye. Dietary Guidelines for Sustainability: Twelve Years Later. *Journal of Nutrition Education*, , July/ August, 1999

Gussow, Joan Dye. Is Local vs. Global the Next Environmental Imperative? *Nutrition Today* 35: 1, January/February, 2000.

Gussow, Joan Dye. The Incompatibility of Food and Capitalism. *The Snail* Issue 2 and 3 (8/2002), p 22-25.

Gussow, Joan Dye, Reflections on Nutritional Health and the Environment: The Journey to Sustainability. *Journal of Hunger and Environmental Nutrition* 1:1:3-25, 2006.

Biographical Information

Joan Dye Gussow is the Mary Swartz Rose Professor Emerita of Nutrition and Education at Teachers College, Columbia University and retired head of the Nutrition Education Department. From 1980 to 1983, Dr. Gussow served on the Diet, Nutrition and Cancer Panel of the National Academy of Sciences. In 1984, she was simultaneously appointed to the Board of the National Gardening Association and to the Food and Nutrition Board of the NAS -- a symbolic reflection, she felt, of her professional goal of linking food growing to nutrition science. She subsequently served two terms on the Food and Nutrition Board and was a member of the subcommittee that completed the revision of the RDAs in 1989. She also served on NAS Committees that produced *Improving Americas Diet and Health, from Recommendations to Action* and *Nutrition Labeling*. In a four year term on the Food Advisory Committee of the Food and Drug Administration she considered such issues as genetically altered tomatoes, cattle hormones, and unabsorbable fats. She then served a five-year term on the National Organic Standards Board where she worked to help shape the regulations that determine the quality of foods USDA certified as organic. Gussow has served as President of the Society for Nutrition Education and as Board Chair of the National Gardening Association ,the Jessie Smith

Noyes Foundation, and Just Food. She currently serves on the board of the Sustainability Fund. She is author, coauthor or editor of a number of articles and several books. *Disadvantaged Children: Health Nutrition and School Failure* (with Herbert Birch), 1970; *The Feeding Web: Issues in Nutrition Ecology*, 1978; *The Nutrition Debate* (with Paul Thomas), 1986; *Chicken Little, Tomato Sauce and Agriculture: Who Will Produce Tomorrow's Food?*, 1991, *This Organic Life: Confessions of a Suburban Homesteader*, 2001, and *Growing, Older: A Chronicle of Death, Life and Vegetables*, published in 2010. A long time organic mini-farmer, Gussow now lives on the west bank of the Hudson River in Piermont, NY. where she grows all of her own produce.

Courses currently taught

HBSV 4013: Nutritional ecology

A course for nonmajors and majors. Nutrition and food as viewed from a global, ecological perspective. Topics include planetary limits to growth, food/population problems and food aid, food product development and promotion here and abroad, energy and food relationships, food safety and the changing American diet, organic agriculture and natural food, biotechnology, and other topics as appropriate.