

2021 Nutrition Program Alumni Panel

Wednesday, January 27, 2020 7:00 pm - 9:00 pm

Location: Virtual, Zoom link

Please join us for a discussion with several Program in Nutrition graduates who have professionally established themselves in different areas of our field. Learn how they built on their experiences at Teachers College to achieve their career goals.



Lieutenant Commander Pamela Cole Foss, MS, RDN, CSSD received her MS in Nutrition and Exercise Physiology in 2010. After working as a civilian contracted health and wellness dietitian for the U.S. Air Force, she became inspired to serve in the armed forces. In 2013, she received her commission to become one of 27 registered dietitian officers in the U.S. Navy's Medical Service Corps. Throughout the last several years, she has had the opportunity to deploy on multiple medical humanitarian missions to teach diverse nutrition topics to local nationals in remote areas of Fiji, Papua New Guinea, the Philippines, Vietnam and Thailand. Currently she is forward deployed to U.S. Naval Hospital Okinawa Japan, the Navy's largest overseas medical facility. She is serving as the Associate Director for Healthcare Business operations and maintains an active role in the nutrition clinic for inpatient and outpatient care. Throughout this tour of duty, she has utilized her sports nutrition background to work closely with U.S. Army and U.S. Air Force Special Operations.



Natalia Stasenکو, MS, RDN received her MS in Nutrition Education and completed the DI in 2011. Having experienced problems feeding her firstborn, Natalia chose to specialize in feeding problems in children as well as starting solids with babies. While in the US, Natalia co-wrote two books on starting solids, consulted for Head Start, worked in her private practice, blogged for Parents.com and started collaborating with brands. After moving to the UK, Natalia focused on her nutrition consultancy and online products for parents and professionals via her website, Feeding Bytes. She is currently consulting for companies in the UK and the US and is a member of the Global Expert Bench at FoodMinds - a network of senior nutrition and communication experts spanning over 20 countries and providing expert advice to local and international food companies. Natalia is also one of the founders of Your Feeding Team, a global online membership for parents of problem eaters. Additionally, she currently works on developing an app designed to help parents with feeding problems in children.



Matt Abel, MS, RDN, received his MS in Nutrition and Exercise Physiology and completed the Dietetic Internship at Teachers College in 2018. He is currently a bilingual dietitian working with Tri State Bariatrics, a bariatric surgery private practice located in Rockland County, NY where Matt is responsible for the nutrition assessment and counseling of the practice's patients seeking weight loss solutions through both surgical and non-surgical means. Matt is also the practice's first qualified exercise professional, and has worked with the company's executive board to develop de-novo protocols related to patient metabolic assessment, exercise testing and prescription, and telehealth solutions. Matt is also a Consultant Sports Dietitian for the Athletic Department at Seton Hall University, located in South Orange, NJ. Following completion of his DI elective rotation with Seton Hall, Matt continues his work with the University where he is responsible for individual and team counseling, development of team protocols for fueling and hydration, and generation of nutrition education resources for the entire Athletic Department.



Lin Wan, MS, RDN, completed her DI and received her MS in Nutrition Education at Teachers College in 2018. She then returned to China, and joined Mérieux NutriSciences China, a clinical research organization. She currently works as the clinical study supervisor, and her work mainly focuses on the operation aspects of nutrition-related clinical trials. She collaborates with multi-disciplinary teams to offer professional insights as a dietitian during protocol development, and oversees trial execution to make sure clinical studies translate smoothly from paper to reality. She is also involved in the Chinese Nutrition Society, through working as the editor for the organization's official service account. On this platform, Lin publishes interviews with KOLs (key opinion leaders) in the field of nutrition and dietetics in China, in hopes of promoting public awareness of the significance of dietitians' work.



Ali Hard, MS, RDN, serves as Professional Staff for the Democratic majority on the House Committee on Education and Labor, under Chairman Robert C. "Bobby" Scott. As part of the health policy team, her portfolio includes child nutrition, the Older Americans Act, and other policy areas related to public health. Prior to joining the committee staff, Ali served as Federal Government Affairs Manager at the National WIC Association. She is a Registered Dietitian and received her MS in Nutrition and Public Health and completed her dietetic internship at Teachers College at Columbia University.