## 2018 Annual Nutrition Alumni Panel



STEPHANIE FORSYTHE MS, RDN, CDN received her MS in 2014 and completed the DI in 2015. She currently works as a clinical dietitian at Brookdale Hospital in Brooklyn, and consults for Savor Health, a start-up focused on oncology nutrition. Stephanie was editor--in--chief of the TC Program in Nutrition's quarterly newsletter, The Grapevine, from 2013 to 2015, and she was co--editor of the Greater New York Dietetic Association's (GNYDA) quarterly newsletter from 2015 to 2017. Stephanie previously worked as a pastry cook in both California and New York, and she started her food blog, Figs in My Belly, in 2009.



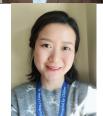
ERIN KRATZER, MS, RDN, LDN received her MS in Nutrition and Exercise Physiology in 2016, and completed the DI in 2017. Upon graduation, she returned to Cincinnati, Ohio, where she is a consultant Sports Dietitian for Miami University's 16 division-1, varsity teams, as well as the Cincinnati Bengals (professional football). At Miami, Erin counsels athletes on topics on various issues and gives sport-specific presentations to individual teams. With the Bengals, Erin consults players during meal hours, makes post-training recovery shakes, reviews/revises travel menus, and creates educational materials for the athletes. Due to the flexibility of her schedule, Erin was able to create her own company (LLC), to counsel individual athletes and those looking for nutrition advice in her city.



CASEY LUBER, MS, RD, CDN is an outpatient dietitian at The Institute for Family Health, a group of non-profit family health centers. Casey conducts bilingual one-on-one and group nutrition counseling and education at two Bronx clinics, serving a diverse and challenging patient population. Her work centers largely around diabetes, heart disease, weight management, and general wellness, and she plans to obtain the Certified Diabetes Educator Certification in the fall of 2018. Casey is also a member of the Steering and Envisioning Committee of the NYC Nutrition Education Network (NYCNEN) and takes time on the side to develop her personal blog and nutrition business and lend her voice to media outlets and publications as a nutrition expert.



ANTHONY WIND Anthony was previously the Director of Content and head of Exercise Physiology at Savor Health. Currently he is the Clinical Dietitian within a 180 bed long term care facility, namely Waterview Nursing and Rehabilitation in Queens NY. Soon he will be transitioning into a government position within the Department of Veterans Affairs Medical Center in Hampton Roads Virginia, providing nutrition and exercise counsel to our country's veterans. He has prior experience working within organizations in international development and public health, television and media, and sports nutrition. He is passionate about providing personalized, practical and progressive health solutions to those he serves. In his spare time, Anthony enjoys distance running. His most memorable race was being part of the 50 Mile National Championships in the Marin Headlands in San Francisco California.



YANG YANG received her MS in Nutrition and Public Health in 2014 and graduated from the DI in 2015. She joined the St. Mary's Hospital for Children after graduation and has since worked as a pediatric clinical dietitian with patients with various medical diagnoses and life-limiting conditions. Much of her work focuses on monitoring children's growth and development, preventing and trouble-shooting complications of nutrition support. Yang is an active member of the Academy's pediatric, nutrition support, medical nutrition, and oncology nutrition practice groups. She is a Certified Nutrition Support Clinician.



SUSIE ZACHMAN, MS, RDN, is the founder of Better Beginning, a nutrition education program for parents of young children. Susie was a global business leader with 16 years of experience in legal, finance and human resources, functions and operational management before she returned to school to receive her Masters of Science with a concentration in Nutrition Education from Teachers College, Columbia University. She completed her dietetic internship through Columbia and became a registered dietitian nutritionist. She also has a BA in Economics / Business from the University of California, Los Angeles, a JD from the University of California, Berkeley and completed the Advanced Management Program of Harvard Business School.



PETER ADINTORI completed the DI in 2017 and received his MS in Nutrition and Exercise Physiology in 2018. Peter is a Staff Relief Inpatient Clinical Dietitian at Montefiore Medical Center, a Clinical Research and Metabolic Clinic Coordinator within the Division of Endocrinology, Diabetes, and Nutrition at Mount Sinai St. Luke's Hospital, and he is the Chief Dietitian for VidaFuel —a nutrition start-up focusing on snack alternatives for patients with clinically-complex therapeutic diets. Peter combines his passions for clinical nutrition, research, evidence-based practice, and preventive medicine to optimize patients' and clients' well-being now and in the future. Peter remains actively involved with the TC DI, by providing clinical and research lectures to the current and future DI cohorts.